**COVID-19 SERVICES**

**Department of Psychology and Counseling**

**Assam Don Bosco University**

The Department of Psychology and Counseling, Assam Don Bosco University, has a faculty strength of 3 Clinical Psychologists, 3 Counseling Psychologists/ Psychotherapists and a Special Education Trainer (Ph.D) promoting mental wellness. During this pandemic, the Department is actively involved in providing mental health services beyond the campus apart from being available for own staff and students. Collaborating with our Alumni who are excellent practitioners in reputed platforms, M.Sc. final year students and Faculty Members, the Department is providing tele-counseling through DHARA HELPLINE, receiving calls from the COVID19 frontliners fraternity. The tele-counselors have also attended training and discussion sessions on tele-psychology and tele-counseling hosted by Global Pandemic Response Forum under eminent psychologists and psychiatrists like Mythili Hazarika, Lita Hazarika, Sushil Agarwal, Suniti Baruah, Barnali Das and many other experts. Currently we are 15 counselors who can provide individual and community psychological services to both in house and outside population.

Below is the list of human resource involved in providing Mental Health Services during Covid-19 quarantine and crisis.

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| Sl. No. | Name | Speciality | Service Involvement |
| 1 | Dr. Sabiha Alam Choudhury | Counsellor and Psychotherapist | Providing Counselling through the Department. |
| 2 | Dr. Chandita Baruah | Counsellor and Psychotherapist | Providing Counselling through the Department. |
| 3.  | Dr. Neel Harit Kausik | Counsellor, Psychotherapist and Trained Special Educator | Providing Counselling through the Department. |
| 4 | Pranami Baruah | Clinical Psychologist | Providing Counselling through the Department. |
| 5. | Dharitri Dutta | Clinical Psychologist | Providing Counselling through the Department. |
| 6. | Procheta Mahanta | Clinical Psychologist | Providing Counselling through the Department. |
| 7. | Sampreeti Das | Counsellor and Psychotherapist | Providing Counselling through the Department and Dhara Helpline. |
| 8. | Jesmee Brahma | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 9. | Lhopsang Yolmo | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 10. | Boqhito Chishi | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 11. | Anisha Konwar | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 12. | Swrikriti Phukan | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 13. | Ipsita Baruah | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 14. | Dhriti Kalita | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |
| 15 | Swati Kumari | Final year student and Counselor | Providing Counselling through the Department and Dhara Helpline |

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