

DETAILS OF THE PROGRAMME

| PROGRAMME | | DURATION |
|------------------|--|------------------------|
| SYMPOSIUM | Inauguration | 9.30 am |
| | Tea Break | 10.30 am |
| | Session 1 : 5 th Revolution, Mental Health and Psychosocial Care Speakers: 1. Dr. Bornali Das, Sr. Lecturer, Psychiatric Social Work, Dept. of Psychiatry GMCH and 2. Ms. Budhiswastya Shankar Das, Psychiatric Social Worker, Assam Medical College, Dibrugarh | 10.45 am to 11.15 am |
| | Session 2 : Social Work in Mental Health Speakers from LGBRIMH, Tezpur 1. Dr. Sonia P. Deuri, Professor & Head, Dept. of Psychiatric Social Work 2. Dr. Sobhana H, Associate Professor, Dept. of Psychiatric Social Work 3. Dr. Arif Ali, Asst. Professor, Dept. of Psychiatric Social Work | 11.15 am to 12.00 noon |
| | Session 3 : Women's Mental Health Speaker : Dr. Kimneihat Vaiphei, Asst. Professor, NIMHANS, Bengaluru | 12.00 noon to 12.30 pm |
| | Lunch | 12.30 pm |
| | Session 4 : Mental Health: Perspectives and Praxis Speakers: 1. Mr. Raju Narzary, Executive Director, NERSWIN, Kokrajhar 2. Dr. Anjana Goswami, Founder, Ashadeep A Mental Health Society, Guwahati 3. Ms. Namrata, Programme Manager, FST, Guwahati | 1.30 pm to 2.30 pm |
| | Session 5 : Mental Health in Social Work Education: A Gender Perspective Speakers: Dept. of Social Work, ADBU 1. Ms. Shanthalembi Lisham, Asst. Professor 2. Ms. Ainamlin Dkhar, Asst. Professor | 2.30 pm to 2.50 pm |
| | Tea Break | 2.30 to 3.00 p.m |
| | Session 6: Paper Presentation (Parallel Sessions) | 3.00 to 4.30 pm |
| Cultural Evening | 4.30 to 5.00 p.m | |
| LECTURE | Workshop 1: On Sculpting the SELF for Mental Health Practice Facilitator: i) Dr. Rajaram Subian, International Psychosocial Consultant & Trainer; Executive Director – Basic Needs India; Executive Director – Basic Needs India ii) Dr. Sobhana H, Associate Professor, Dept. of Psychiatric Social Work, LGBRIMH Tezpur | 9.00 am to 2.00 pm |
| | Workshop 2(a): On Positive Parenting Programme Facilitator : Dr. Kavita V Jangam, Asst. Professor, Dept. of Psychiatric Social Work, NIMHANS, Bengaluru | 9.00 am to 11.30 am |
| | Tea Break | 11.30 am |
| | Workshop 2(b) : On Social Work Practice in an Industrial Setting Facilitator : Dr. E Aravind Raj, Associate Professor, Dept. of Psychiatric Social Work, NIMHANS, Bengaluru | 11.40 am to 2.00 pm |
| | Lunch | 2.00 pm |
| | Session 2: Mental Health: Perspectives and Praxis Speakers: 1. Mr. Arman Ali, Executive Director, Sishu Sarothi, Guwahati 2. Ms. Sayera Rahman, Director, Prerona, Jorhat 3. Mr. Dilip Goankar, President, Atmikha, Guwahati | 3.00 pm to 4.00 pm |
| | Session 3: Paper Presentation (Parallel Sessions) | 4.00 to 5.00 pm |
| | Valedictory Session | 5.00 to 5.30 pm |
| | Tea | 5.30 pm |

ADVISORY COMMITTEE

1. Fr. (Dr.) Stephen Mavelly, Vice Chancellor, ADBU
2. Fr. Joseph Nellanatt, Pro Vice Chancellor, ADBU
3. Fr. (Dr.) Biju Michael, Registrar, ADBU
4. Fr. Francis Fernandez, Controller of Examinations, ADBU
5. Dr. Sonia Pereira Deuri, Head & Prof, Department of Psychiatric Social Work, LGBRIMH, Tezpur
6. Dr. Riju Sharma, Director, School of Humanities and Social Sciences, ADBU
7. Dr. Lukose P Jacob, Head, Dept. of Social Work, ADBU
8. Dr. Peter Paul Hauhnar, Administrative Officer, ADBU

ORGANISING COMMITTEE

Convener : Dr. Bornali Das, Sr. Lecture, Psychiatric Social Work, Dept. of Psychiatry, GMCH
Co-Convener : Ms. Ainamlin Dkhar, Asst. Professor, Dept. of Social Work, ADBU
Ms. Shanthalembi Lisham, Asst. Professor, Dept. of Social Work, ADBU

Members :

1. Dr. Sobhana H, Associate Professor, Dept. of Psychiatric Social Work, LGBRIMH, Tezpur
2. Dr. Arif Ali, Asst. Professor, Dept. of Psychiatric Social Work, LGBRIMH, Tezpur
3. Mr. Jacob Islary, Asst. Professor, Dept. of Social Work, ADBU
4. Mr. Victor Narzary, Asst. Professor, Dept. of Social Work, ADBU
5. Mr. Dominic Pendanam, Asst. Professor, Dept. of Social Work, ADBU
6. Dr I. Banerjee, Asst. Professor, Dept. of Psychiatric Social Work, LGBRIMH, Tezpur
7. Fr. Johnson KP Pathrose, Asst. Professor, Dept. of Social Work, ADBU
8. Ms. Hazel Wahlang, Co-ordinator, Centre for Development Studies and Initiatives, ADBU

CONTACT DETAILS

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National Seminar cum Workshop on

MENTAL HEALTH AND SOCIAL WORK PRACTICE

27 - 28
April, 2018



Organised by:



Department of Social Work
ASSAM DON BOSCO UNIVERSITY
Tapesia Gardens, Sonapur – 782402 Assam

In collaboration with



Psychiatric Social Work Services, Department of Psychiatry
Guwahati Medical College and Hospital (GMCH)

&

Department of Psychiatric Social Work
LGB Regional Institute of Mental Health (LGBRIMH), Tezpur

An autonomous institute
Ministry of Health and Family Welfare, Govt. of India

A PREMISE TO THE SEMINAR

WHO (2004) defines mental health as the state of well being in which every individual realizes his or own potential, can cope with normal stresses of life, can work productively and fruitfully and is able to make a contribution to her or his community. The overarching concept of mental health is thus linked to a range to outcomes like better health status, higher educational achievement, income and productivity, improved interpersonal relationship, better parenting, social connections, spirituality and improved quality of life. Thus it is fundamental to human growth and development. Individuals with positive mental health are capable of contributing to the growth of self, family and the society at large. Therefore, strategies to strengthen the factors that protect and promote positive mental health need to be identified and incorporated in every sphere of society-individual, familial, institutional as well as community. Professional social work occurs at the interface between people and their contexts and takes into cognizance their overall wellbeing. Hence, social work practitioners from different specialties need to incorporate mental health as a component in their service. With the increasing number of trained professional social workers in North East India, a discourse and discussion on mental health and social work practice is crucial. This is the backdrop of the conception of this National Seminar on Mental Health and Social Work Practice.

THE AIMS OF THE SEMINAR

- To explore the recent development in mental health and social work practice
- To discover issues relating to women's mental health and the role of social work practice
- To understand the mental health scenario of north east India
- To augment mental health and social work practitioners' skills

The presentations and discussions in the seminar will focus on the following sub themes:

1. Mental health and Youth Development
2. Women's Mental Health
3. School Mental Health
4. Family and Positive Mental Health
5. Positive Mental Health in the Work Place
6. The Sociology of Mental Health
7. Mental Health and Social Work Education

EVENTS

1. Symposium
2. Lecture
3. Paper Presentation
4. Parallel Workshops for practitioners and social work trainees
5. Perspectives and Praxis from NGOs and Vos
6. Exhibition by Development Organisations

CALL FOR PAPER

Abstracts are invited for oral on the sub-themes. The abstract should be submitted in the English language, within 300 words, typed in MS-Word, in 12 font size, 'Times New Roman', with 1.5 line spacing. The abstract and full paper should be presented under the following subheadings: Introduction, objective, methodology, results, discussion and conclusion. The title, author's name and his/her affiliation should be mentioned in the abstract and if there are multiple authors, the paper presenter should be underlined.

SUBMISSION OF ABSTRACTS AND FULL PAPER

All the abstracts should reach Ms. Ainamlin Dkhar, Assistant Professor, Department of Social Work, Assam Don Bosco University on or before 11th of March 2018 through email attachment to adbucsocialwork@dbuniversity.ac.in. Notification of acceptance will be sent through email to the authors. Full-length papers not exceeding 5000 words should reach on or before 8th of April 2018 to the above-mentioned email. There will be no extension of last date for the abstract or full paper submission.

REGISTRATION

The participants are requested to register online along with online payment on <https://www.payumoney.com/webfronts/#/index/MHDP> or by DD in the name of "Assam Don Bosco University" payable at Guwahati. For cash registration, you may contact the co-convenor. The registration details are available on our website. Selective paper will be published on the Journal of Development Practice (<http://journals.dbuniversity.ac.in/ojs/index.php/jdp>), which is an UGC recognized journal and in the form of a book following the conference.

Registration Fees:

- Students – Rs. 1000/-
- Faculty, Professionals including Research Scholars – Rs. 2500/-
- Spot Registration for Students – Rs. 1300/-
- Spot Registration for Faculty, Professionals including Research Scholars – Rs. 3000/-

As the seats for workshop are limited, participants will be accepted on the basis of first-come-first-serve basis.

Last date

- Abstract Submission – 11th March 2018
- For Paper Submission – 8th April 2018
- For Registration – 15th April 2018

Paid accommodation for outstation participants is available on prior request. You may communicate your queries on adbucsocialwork@dbuniversity.ac.in.

VENUE

Assam Don Bosco University, Tapesia Gardens, Kamarkuchi, Sonapur – Tapesia Sports Complex, Guwahati, Assam.

ABOUT ASSAM DON BOSCO UNIVERSITY

Assam Don Bosco University (ADBU) was established under the Assam Private Universities Act 2007, in the state of Assam, India. The university is a project of the Salesians of Don Bosco (SDB) executed by the international Don Bosco Society. The university is located in Tapesia Gardens, Guwahati, Assam. ADBU is the first state university in the private sector in the state. The university is recognized by the University Grants Commission (UGC), India and accredited by the National Assessment and Accreditation Council (NAAC), India. The university is also approved by the Distance Education Council (DEC), India and the All India Council for Technical Education (AICTE), India. ADBU is a recognized member of the Association of Indian Universities (AIU), India, Association of Commonwealth Universities, (ACU), UK and the International Association of Universities (IAU), France.

ABOUT PSYCHIATRIC SOCIAL WORK SERVICES, GMCH

The Psychiatric social work services is attached with the Department of Psychiatry in Gauhati Medical college and hospital, Guwahati, since 1991. The setting is recognized under General hospital psychiatry. Services include undergraduate training to medical students, teaching to post graduate trainees in Psychiatry, OPD and inpatient services to psychiatric clients, child and adolescent clients, addiction clinic, Geriatric care and community outreach programs. Department also conducts training for DMHP in-service personnel, postgraduate trainees of MSW, M-Phil and Ph.D, from universities across the country and guidance to research scholars.

ABOUT DEPARTMENT OF PSYCHIATRIC SOCIAL WORK LGBRIMH, Tezpur

The Department of Psychiatric Social Work was established in the year 1998 with the objective of starting Social Work Services and initiating academic programs in Psychiatric Social Work. The department has four Faculty and three PSWs. The Department provides Clinical and Consultative Services; conducts MPhil and PhD in Psychiatric Social Work under the affiliation of Gauhati University. Besides these the department provides exposure training for post-graduate trainees in Social Work. The faculty was involved in the recently concluded National Mental Health Survey in Assam.