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DETAILS OF THE PROGRAMME

	PROGRAMME	DURATION
Day 1 27 th April 2018	Inauguration	9.30 am
	Tea Break	10.30 am
	Session 1: History of Psychiatric Social Work in North East India Speaker : Dr. Sonia P. Deuri	10.45 am
	Session 2 : Women's Mental Health Speaker: Dr. Kimneiha Vaiphei	11.15 a.m
	Session 3 : 5th Revolution, Mental Health and Psychosocial Care Speaker: Dr. Bornali Das	11.45 a.m.
	Summing up sessions 1 to 3	12.15 p.m.
	Lunch	12.30 p.m
	Seminar Paper Presentations	1.30 p.m
	Tea Break	3.00 p.m
	Seminar Paper Presentations	3.15 p.m
	Cultural Evening	4.45 p.m
Day 2 28 th April 2018	PARALLEL WORKSHOPS	
	1.Workshop on Therapeutic Skills for professionals Facilitator: Dr. Rajaram Subbian	9.00 a.m to 1.30 p.m
	2.Workshop on Positive Parenting Program (PPP) Facilitator: Dr. Kavita V Jangam	9.00 a.m to 11.15 a.m
	3.Workshop on Social Work Practice in an Industrial Setting Facilitator : Dr. E Aravind Raj	11.30 p.m to 1.30 p.m
		(Tea Break in between)
	Lunch	1.30 p.m.
	Feedback Session for the participants	2.30 p.m.
	Discussion and Way Forward	3.00 p.m.
	Valedictory session	4.00 p.m.
	Tea	4.30 p.m.

ADVISORY COMMITTEE

1. Fr. (Dr.) Stephen Mavely, Vice Chancellor, Assam Don Bosco University.
2. Fr. Joseph Nellanatt, Pro Vice Chancellor, Assam Don Bosco University.
3. Fr. (Dr.) Biju Michael, Registrar, Assam Don Bosco University
4. Fr. Francis Fernandez, Controller of Examinations, Assam Don Bosco University
5. Dr. Sonia P. Deuri, Head of Department, LGB Regional Institute of Mental Health
6. Dr. Riju Sharma, Director, School of Humanities and Social Sciences, Assam Don Bosco University
7. Dr. Peter Paul Hauhnar, Administrative Officer, Assam Don Bosco University
8. Dr. Lukose P Jacob, HoD, Dept. of Social Work, Assam Don Bosco University

ORGANISING COMMITTEE

- Convener : Dr. Bornali Das, Sr. Lecturer (Psychiatric Social Work), GMCH
- Co-Convener : Ms. Ainamlin Dkhar, Asst. Professor, Dept. of Social Work, ADBU
Ms. Shanthalembi Lisham, Asst. Professor, Dept. of Social Work, ADBU
- Members : Fr. Johnson KP Pathrose, Asst. Professor, Dept. of Social Work, ADBU
Mr. Jacob Islary, Asst. Professor, Dept. of Social Work, ADBU
Mr. Victor Narzary, Asst. Professor, Dept. of Social Work, ADBU
Mr. Dominic Pendanam, Asst. Professor, Dept. of Social Work, ADBU

CONTACT DETAILS

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National Seminar cum Workshop on MENTAL HEALTH AND DEVELOPMENT PRACTICE

Theme: Mental Health and Development Practice in North East India

27 - 28
April, 2018



Organised by:



Department of Social Work
ASSAM DON BOSCO UNIVERSITY
Tapesia Gardens, Sonapur – 782402 Assam

In collaboration with

Guwahati Medical College and Hospital (GMCH) &
LGB Regional Institute of Mental Health (LGBRIMH)
An autonomous institute
Ministry of Health and Family Welfare, Govt. of India

A PREMISE TO THE SEMINAR

Mental health means a positive sense of well-being; to be more specific, it refers to the capacity to enjoy life and deal with the challenges we face in our life situations. It affects each one of us in one way or the other in varying degrees and in diverse contexts, which may include our life experiences, workplace or other social contexts, and socio-economic conditions. Persons having mental health issues can truly experience positive mental health and, contrary to the general perception, an individual may be poor mental health without having any mental health issue. As the former Prime Minister of Norway and Director General of the World Health Organization, Dr. Gro Harlem Brundtland, stated, "Mental illness is not a personal failure. In fact, if there is failure, it is to be found in the way we have responded to people with mental and brain disorders."

Positive mental health is linked to a range of development outcomes including better health status, higher educational achievement, income and productivity, improved interpersonal relationship, better parenting, social connections, spirituality and improved quality of life. It is fundamental to coping with adverse situations in life which otherwise stand as impediments for an individual in realizing their potential, productivity and contribution to oneself, to one's family and to the community. Therefore, the strategy to strengthen the factors that protect and promote positive mental health need to be put in place – at the individual and community level and also at the institutional level. At the individual and the community levels, the strategy may focus on enhancing the individual's empowerment and participation, targeting a range of contexts such as the workplace, home, school or neighborhood. At the social system level, the focus may be on addressing the social determinants of health, policy areas and a range of sectors such as housing, employment, social assistance, settlement, public spaces and others.

With this backdrop, it is important to relook into the agenda of development for North East India. One cannot talk about development of a region without the well-being of its citizens. Positive Mental Health is an inherent and important dimension of development. It is a well acknowledge fact that a holistic and people-centric development is the new mantra of development. Looking from the human resource development dimension, building a positive outlook and a positive mental health culture are the keys to harness the full potential and productivity of the people and eventually an incremental contribution in the nation building process. Taking into account the ethno-cultural diversity and the potential ingrained in the people of India's Northeastern region, together with its natural resources, a development approach that includes the human dimension with positive

mental health is the key to the economic growth and development of the region.

The seminar on Mental Health and Development Practice in North East India has the specific aim of understanding and examining the different aspects of mental health as a cross cutting issue in the social and political life of the region.

THE AIMS OF THE SEMINAR

- To identify studies carried out on the status of mental health in the different communities
- To examine the role of positive mental health in socio-cultural and economic development
- To understand the scope of mental health in working with families and other social groups
- To examine the factors and agents that affects negatively the social well-being in order to contribute to containing it and to promote positive mental health.

Sub-themes: The seminar will have number of presentations and discussions on various papers of the following sub-themes:

1. Mental health and Youth Development
2. Women's Mental Health
3. School Mental Health
4. Family and Positive Mental Health
5. Positive Mental Health in the Work Place
6. The Sociology of Mental Health

Events:

1. Plenary Sessions
2. Paper and Poster Presentation
3. Parallel Workshops
4. Exhibition by Development Organisations
5. The Way Forward: Mental Health and Development Practice

CALL FOR PAPER

Abstracts are invited for oral and poster presentation with respect to any one of the proposed sub-themes. The abstract should be submitted in the English language, within 300 words, typed in MS-Word, in 12 font size, 'Times New Roman', with 1.5 line spacing. The abstract and full paper should be presented under the following subheadings: Introduction, objective, methodology, findings or discussion and conclusion. The title, author's name and his/her affiliation should be mentioned in the abstract and if there are multiple authors, the paper presenter should be underlined.

SUBMISSION OF PAPERS

All the abstracts should reach Ms. Ainamlin Dkhar, Assistant Professor, Department of Social Work, Assam Don Bosco

University on or before 11th of March 2018 through email to adbusocialwork@dbuniversity.ac.in. Notification of acceptance will be sent through email to the authors. Full-length papers not exceeding 5000 words should reach on or before 8th of April 2018 to the above mentioned email. No extension for the abstract and full paper submission date will be possible.

REGISTRATION

The participants (both presenting and non-presenting) are requested to register online along with online payment. The registration details are available on our website.

▶ Students/ Research Scholars: **Rs. 1000/-**
(Workshop and Paper Presentation)

▶ Faculty & Professionals **Rs. 2500/-**
(Workshop and Paper Presentation)

▶ Faculty & Professionals **Rs. 1500/-**
(Only Paper Presentation)

▶ Last Date
● For paper submission **8th April 2018**
● For Registration **15th April 2018**

Accommodation for outstation participants will be arranged on payment basis, by prior request.

The event will be conducted at the Tapesia Campus of Assam Don Bosco University, situated at Tapesia Gardens, Kamarkuchi, Sonapur – Tapesia Sports Complex, Guwahati, Assam.

ABOUT ASSAM DON BOSCO UNIVERSITY

The event will be conducted at the Tapesia Campus of Assam Don Bosco University, situated at Tapesia Gardens, Kamarkuchi, Sonapur – Tapesia Sports Complex, Guwahati, Assam.

Assam Don Bosco University (ADBU) was established under the Assam Private Universities Act 2007, in the state of Assam, India. The university is a project of the Salesians of Don Bosco (SDB) executed by the international Don Bosco Society. The university is located in Tapesia Gardens, Guwahati, Assam. ADBU is the first state university in the private sector in the state. The university is